



CONFIDENTIAL AND PRIVILEGED

Children questionnaire

The main aim of this questionnaire is to help you and the other parent focus on what your children need from you both, at a practical, emotional and psychological level.

It will help you both prepare to come into mediation, and work together more effectively, with the mediator, and build a parenting agreement/plan together that meets your children's practical and emotional needs.

The answers to these questions are not shared with anyone else, without your consent.

Please complete and return your answers to the mediator by email, before your first mediation session. Thank you very much.

Name.....

1. How is each child managing the separation, at the moment? Are they behaving out of character? If so, how? Describe what you are seeing, hearing and sensing from the children

2. What do you believe each child need to feel more of ? This might begin as follows; 'I believe that our children need to feelbetter able to cope, more optimistic that things will get better, more emotionally secure, more confident in themselves, warmth and love, less anxious,

3.What do you believe each child needs more of, in practical terms? This might be more structure and discipline, more routine, more consistency. Please try and be specific? These are the practical needs your parenting plan will have to address

4.What do you believe you need to do more of to meet each child's emotional and practical needs, referred to in answers 2 and 3

5.What do you believe the other parent needs to do more of to meet each child's emotional and practical needs referred to in answers 2 and 3

6.What do you believe you and the other parent need to do more of together to meet each child's needs? This could be things of a practical nature or things to improve your communication